

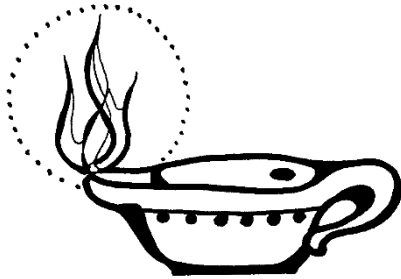


## OUR SAVIOR'S LUTHERAN CHURCH NEWS, EVENTS AND INFORMATION March 15, 2026

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**Today:**

9:30 AM **Choir Rehearsal**

10:30 AM **Sunday Worship**

**Monday:**

9:30 AM Monthly Book Study in Fireside Room

9:30 AM **Tai Chi** in Fellowship Hall

**Tuesday:**

9 AM **Quilting** in Fellowship Hall

**Wednesday:**

9:30 AM **Morning Prayer** in Fireside Room

6 PM **Soup & Buns** at Bread of Life

7 PM Lenten Service at Bread of Life

**Thursday:**

9:30 AM **Tai Chi** in Fellowship Hall

**Next Sunday:**

9:30 AM **Choir Rehearsal**

10:30 AM **Sunday Worship**

**Community Use of Building:**

During the week we welcome a number of outside groups into our building: Narcotics Anonymous on Sunday at 7 PM, Tuesday at 7 PM, Friday at 7 PM and Saturday at 6:30 PM; Forever in Motion on Monday at 1 PM; Al-Anon on Monday at 1:30 PM; Alcoholics Anonymous on Monday & Wednesday at 8 PM; Kathy's Tai Chi Tuesday & Thursday at 6 PM & 7 PM; Naranon on Friday at 7 PM.

**Welcome to all those worshipping** with us today. Please come again. You are always welcome! If at some point, you would like to talk to a pastor – to find out about this community of faith, to find a listening ear, or simply to have a friendly visit – please call the church office. Regular office hours are Monday to Thursday 9 AM to noon.

**Scent Awareness: Help us keep the air we share healthy and fragrance-free. Please refrain from using strong scents while in our church. Thank-you.**



**Holy Week: March 29 – April 5, 2026**

<b>Palm Sunday/Sunday of the Passion</b>	<b>10:30 AM</b>
<b>Holy Tuesday, Service of Healing</b>	<b>7 PM</b>
<b>Holy Wednesday: Music for Holy Week, Luther Bach Choir</b>	<b>7 PM</b>
<b>Maundy Thursday Worship</b>	<b>7 PM</b>
<b>Good Friday, “Service of Shadows” with readings by Bonhoeffer</b>	<b>7 PM</b>
<b>The Resurrection of our Lord</b>	<b>10:30 AM</b>

**For Easter Sunday, please bring a bell to ring.**



**Events**

1. **Wednesday Morning Prayer:** All are welcome to join us through Lent as we strive to hear the voices of Palestinian Christians through the study ‘A Moment of Truth: Faith in a Time of Genocide’. We gather, too, to pray for the needs of the community. We meet in the Fireside Room at 9:30 AM.
2. **Wednesday, March 18 Mid-Week Lenten Worship will be hosted by Bread of Life at 7 PM with Soup and Buns at 6 PM.**
3. Our Savior’s will be hosting **Mid-Week Lenten Worship** next on **March 25.**
4. **Indigenous Christian Fellowship (ICF)** welcomes Our Savior’s volunteers on the 3<sup>rd</sup> Saturday of the month. On **Saturday, March 21 from 9 AM to noon** we will need 4 to 5 volunteers to assist with the breakfast. ICF is located at 3131 Dewdney Avenue. There is a sign-up sheet in Narthex or please contact Bert Ottenson: [bottenson@sasktel.net](mailto:bottenson@sasktel.net).
5. **Palm Sunday Potluck** following service on Sunday, March 29.
6. **Palestine Land Exercise (PLE)** on Saturday, April 18 at 1:30 PM. This a participatory educational process that explores the history of Palestinian-Israeli relations. Participants take on the role of Palestinians to experience key events and personal stories from the late 19<sup>th</sup> century to today. Please call the church office to register by April 16. Space is limited.



## **News**

1. **Pastor Brenda Nestegaard-Paul** is our three-quarter time interim pastor to the end of April 2026. She is regularly in the church office Tuesday, Wednesday and Thursday mornings and can be contacted via e-mail at [PastorBrenda@oslregina.com](mailto:PastorBrenda@oslregina.com), by calling the church office, or in case of urgent care, by phone at 306-530-4328.
2. **Indigenous Christian Fellowship** welcomes OSL Breakfast Volunteers every 3rd Saturday of the month, from 9 AM to 11 AM. 4-5 volunteers are needed each time. Sign-up sheet in the Narthex or please contact Bert Ottenson: [bottenson@sasktel.net](mailto:bottenson@sasktel.net).
3. Calling for **volunteers for our Palm Sunday Potluck** on Sunday, March 29. Please consider volunteering for set up starting at 9:30 AM, assisting during lunch, clean up after. There is a sign-up sheet in the Narthex. Thank-you!
4. For those wanting to donate flowers for Sunday worship, there is a sign-up sheet in the narthex. During Lent we welcome **Greens ONLY!** Please note flowers need to have little or no scent. Write your name beside the date to which you are committing, and optionally the reason why (e.g. In honour of someone's anniversary OR In memory of a loved one).
5. The **Prayer Shawl Ministry** is looking for knitters who would like to create new prayer shawls. Supplies and instructions can be found on top of the desk and in the top desk drawer, currently draped in a red tablecloth, which is situated near the door when you enter the Fireside Room. For information, contact Donna Ottenson at [dottenson@sasktel.net](mailto:dottenson@sasktel.net).
6. Our **quilters** continue their work on Tuesday mornings and are **in need of fabric and sheets**. If you have anything to donate, feel free to drop these off on Tuesday morning in the Fellowship Hall or in the Office during office hours.
7. From the **Accessibility and Inclusion Subcommittee**: **Fidgets** and other **sensory items** are available in a basket on the Ushers Table near the hearing headsets. Also, in the drawer below (the middle drawer) are noise-cancelling headphones, and pink and blue coloured overlays to assist with reading. If there are other items like these that you would appreciate having available at Our Savior's, please talk to Carol Flotre, Marja Hordern, Cindy Leggott, or Wendy McCutcheon.
8. The **MITTEN TREE** is set up again in the Narthex waiting to be dressed with used or new Toques, Mittens, Scarves, or Socks. These will be given to those who need warm wear this winter.
9. Not on our **e-mailing list**? Let the office know if you'd like to receive a weekly e-mail which includes the upcoming Sunday's Order of Worship and the weekly newsletter.

## **Lutheran Organizations Information**

1. **Evangelical Lutheran Church In Canada News** can be found here:  
<https://mailchi.mp/elcic/elcic-news356789-4750877?e=df7c8f7cf9>
2. **Save the Date (May 7- 9)** for the **Worship & Music Symposium 2026**. Workshops and Worship led by Rev. Dr. Dennis Hendrickson, Dr. Joy Berg, Rev. Kristian Wold, Rev. Dr. Larry Kochendorfer, Ben Johnston-Urey and Neil Cockburn. To be held at Christ Lutheran Regina.

### **Our Council:**

Ann Marie Melvie, Chair  
Dave Solheim, Vice-Chair (Technology)  
Bev Tastad, Treasurer (Finance)  
Barbara Anderson, Secretary  
(Welcoming the Newcomer)  
Murray Knuttila (Governance)  
Daryl Nelson (Finance)  
Linda Nilson (Children's Ministry, VBS)  
Bert Ottenson (Property Management)  
Ken Stalwick (Youth Ministry)  
Garnet Mang (Worship)



### **Thank you to today's Worship Assistants:**

Altar Guild: Larry Mossing & Diane Mossing  
Children's Church: Ann Marie Melvie &  
Donna Achtzehner

Coffee: Bernice Casper

Communion: Verna Anderson &  
Carol Mooney

Counters: Larry Johnson & Janis Johnson

Liturgist: Phil Achtzehner

Musician: Barb Anderson

Reader: Alanna Manz

Tech Team: Dave Solheim & Joy Patoine

Tech Script: Dave Solheim

Ushers: Bert Ottenson & Donna Ottenson

Flowers: sign up today!

