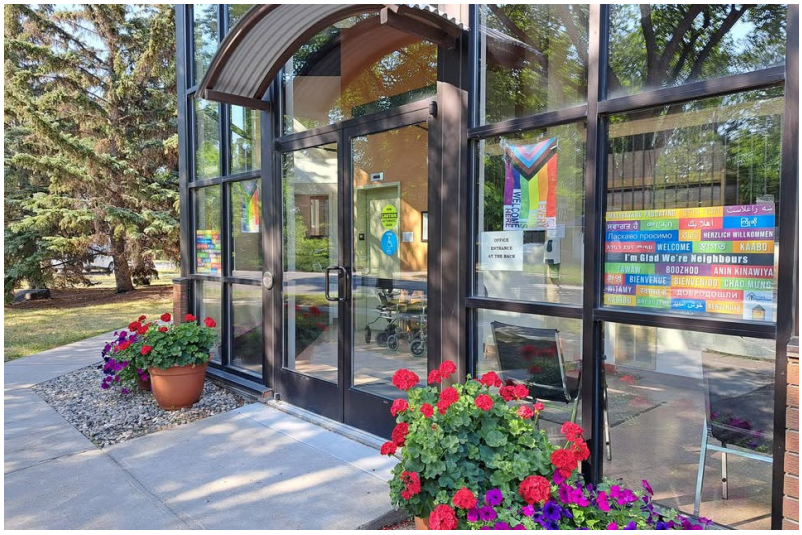
Our Savior's Lutheran

The Weekly Newsletter



For all OSL Worship Events on Zoom
Meeting ID: 3065860006
Password: 190

office@oslregina.com
306-586-0006
www.oslregina.com

This week

Sunday:
10:30 am **Sunday Worship**
Monday:
9:30 am **Tai Chi** (Fellowship Hall)
Tuesday:
9:00 am **Quilting**
(Fellowship Hall)
Wednesday:
5:00 pm **Confirmation**
(Fireside Room)
7:00 pm **Choir** (Choir Loft)
Thursday:
9:30 am **Tai Chi** (Fellowship Hall)
Saturday
9:00 am ICF Breakfast
Next Sunday:
10:30 am **Sunday Worship**



Pastor Victoria Mwamasika

If you are in need of pastoral care, please call Pastor Victoria at 306 540-7454 or send her an email at PastorVictoria@OSLRegina.com

Welcome to all those worshipping with us on Sunday. Please come again. You are always welcome! If at some point, you would like to talk to a pastor – to find out about this community of faith, to find a listening ear, or simply to have a friendly visit – please contact Pastor Victoria or call the church office. Regular office hours are Tuesday to Thursday 9 AM to noon.

Scent Awareness: Help us keep the air we share healthy and fragrance-free. Please refrain from using strong scents while in the church. Thank-you.

Events

1. Our Savior's is providing sandwiches for Waterston House on Sunday, November 22. We ask for prepared sandwiches (uncut) to be at the church by 10:30 on that Sunday morning. See the sign-up sheet on the bulletin board in the narthex.
2. We are serving Breakfast for ICF on Saturday, November. 21. Signup sheet in the narthex.
3. M&M (Muffins and Meditations) study on November 28 will focus on Psalm 148, a beautiful example of a Psalm of Praise. At 9:30 Donna Gartshore will guide this final study in the Psalm series. Come early for coffee and a muffin and then enjoy a meaningful time of sharing together.
   All are most welcome.
4. We are planning a Pot-luck lunch on November 29, *the first Sunday in Advent*. There is a signup sheet in the narthex.

Community Use of Building

***Sunday*:**
7:00 p.m. **NA Serenity Now** *(Fellowship Hall)*
***Monday*:**
1:00 p.m. **Forever in Motion** *(Fellowship Hall)*
1:30 p.m. **Al Anon** *(Fireside Room)*
8:00 p.m. **AA** *(Fellowship Hall)*
***Tuesday*:**
6:00 & 7:00 p.m. ***Kathy's Tai Chi*** *(Fellowship Hall)*
7:00 p.m. ***Men's NA 12 Step Group*** *(Meeting Room 1)*
***Wednesday*:**
6:30 p.m. **AA** *(Fellowship Hall)*
***Thursday*:**
6:00 & 7:00 p.m. ***Kathy's Tai Chi*** *(Fellowship Hall)*
***Friday*:**
7:00 p.m. **Naranon** *(Fireside Room)*
7:00 p.m. ***NA Living in Solutions*** ***(****Fellowship Hall)*
***Saturday*:**
6:30 p.m. **NA-RC** *(Fireside Room)*

News

1. CONFIRMATION CLASSES BEGIN IN NOVEMBER
   Our Saviour's Lutheran Church is excited to announce that Confirmation classes will begin in November.
   Classes will be held every **Wednesday from 5:00 p.m. to 6:00 p.m**. In person and on Zoom with Pastor Victoria.
   Ages: 12 and up are welcome to join. This is a wonderful opportunity to walk together in faith, to learn more about the Bible, our Lutheran faith, and what it means to follow Jesus as we grow together in Christ.
   If you have a child, grandchild, neighbour, or know a person who might be interested, please let them know and invite them to join us.
   For more information or to register, **please call or text Pastor Victoria at 306-540-7454** or call the office at **306- 586-0006**
   We look forward to seeing you there!

2. **CLWR Lake Chad Project**: Heidi Van Schaik sent a note this week to say "I'm overjoyed to share that 112 congregations across Canada have raised $962,316 to help restore 19,246 acres in the Lake Chad basin! Due to your monumental efforts, we are so close to our goal of 20,000 acres and $1 million raised by the end of the year."

3. The Accessibility and Inclusion Subcommittee is working on improving the signage at Our Savior's to make our building more accessible for people with visual disabilities. This is still a work in progress! If you have any feedback on the signage or have other ideas about ways Our Savior's can improve our accessibility for people with disabilities, please talk to anyone on the Inclusion and Accessibility Subcommittee, the Justice and Peace Committee, or leave us a note in the yellow box on the Usher's Desk in the narthex. Your feedback and ideas are appreciated!

4. Our Savior's has an account with **Capital Cabs** should you require a ride to the church and back home. Just call **306-791-2222** to call a cab and give the dispatcher (not the driver) our account code, which is **577**.

5. Interested in becoming a Cultivator? **Cultivators** are young people aged 16–30 who help the Saskatchewan Synod build connections, create opportunities for young people across the Synod, and experiment with what peer ministry can look like in our local communities. This is a paid position with the Saskatchewan Synod, which pays $15.70/hour for roughly 10 hours per month. For more information, contact Pastor Victoria or check out the Saskatchewan Synod website here: Saskatchewan Synod | Lutheran Churches in SK & Manitoba



6. The **CLAY (Canadian Lutheran Anglican Youth)** gathering takes place in Nanaimo, British Columbia in **2027**, and you can help Our Savior's youth attend this exciting event by donating your cans and bottles at any SARCAN location! Simply use the code **CANS4CLAY** at the Drop 'n Go terminal at any **SARCAN** location. It will ask you how many bags you have brought with you. Stickers will be printed to attach to your bags, and you can leave them with the SARCAN staff. It's easy, and there's not even any need to wait around for the cans to be counted! Thanks for using this fun and easy way of donating your cans to the Our Savior's youth 2027 CLAY trip!

CLAY



7. **Office:** The office will be covered at a minimum on Tuesday through Thursday mornings from 9:00am to 12:00pm. Phone messages and emails are monitored all through the week, so please reach out whenever you have a message for the office.

Our Council:

Ann Marie Melvie, Chair
Dave Solheim, Vice-Chair (Technology)
Bev Tastad, Treasurer (Finance)
Barbara Anderson, Secretary
(Welcoming the Newcomer, Justice & Peace)
Murray Knuttila (Governance)
Daryl Nelson (Finance)
Linda Nilson (Children's Ministry, VBS)
Bert Ottenson (Property Management)
Ken Stalwick (Youth Ministry)
Garnet Mang (Worship)

Lutheran Organizations Information

1. **Evangelical Lutheran Church In Canada News** can be found here: ELCIC News. Some excerpts:
   a. **Conversations Across the Church Sunday November 29**. You are invited to join ELCIC National Bishop Larry Kochendorfer for Conversations Across the Church – an hour-long online gathering bringing together members of the Evangelical Lutheran Church in Canada (ELCIC) from coast to coast. Registration is required for each gathering. Click on the link below to register for this Conversation Across the Church: Sunday, November 29, 2026

   b. **Begin Exploring ELCIC's 40 Stories of Impact**



As we celebrate 40 years of the ELCIC, we invite you to explore a new ELCIC undertaking: *40 Stories of Impact* - stories of the events, people, experiences and milestones from the past 40 years that have helped shape who we are as a church. Read, be inspired, and be encouraged by the stories that continue to shape our church today as we honour our past and look toward the future. To check out and start reading the 40 Stories of Impact, please click here. New stories will continue to be added to the webpage weekly over the year. Have a suggestion for *40 Stories of Impact*? Email us at info@elcic.ca.

   c. **For the Love of Creation** invites groups across Canada to host candlelight vigils in their own communities on the weekend of **November 13-15, 2026.** This will be a time to reflect and share our love for our planet, our concern for ourselves, humanity and all our non-human relations at risk from climate change. It is also a time to share hopes for truly transformative action to happen at COP and through each other. From **November 9-20**, world leaders, civil society, Indigenous peoples, grassroots movements, and others will gather at the COP31 climate conference in Antalya, Turkiye to advance action on addressing the climate emergency. You are invited to visit COP31 webpage where you can see a list of vigils happening on the map and where you'll find resources to host an event in your community. For more information and to get started, please click here.

Community Events

1. Regina Public Library is providing an opportunity to meet and connect with others in their **Live Well Age Well** program. Two sessions remain in the four-session program on November 26 and December 10 at 10:30 am in the George Bothwell Branch. For more information visit www.ReginaLibrary.ca