

Our Savior's Lutheran

The Weekly Newsletter



For all OSL Worship Events on Zoom
Meeting ID: 3065860006
Password: 190

This week

Sunday:

10:30 AM **Sunday Worship**

Wednesday:

10:00 a.m. **Tea and Talk Time**

Saturday:

9:00 a.m. Serving breakfast at
Indigenous Christian Fellowship

Next Sunday:

10:30 AM **Sunday Worship**

office@oslregina.com

306-586-0006

www.oslregina.com



Pastor Brenda Nestegaard Paul is our interim pastor until August 31st. She is in the church office Tuesdays, Wednesdays and Thursdays from 9:30 a.m. to noon. She can be reached via email at PastorBrenda@oslregina.com, by calling the church office, or in case of urgent care, by phone at 306-530-4328.



Welcome to all those worshipping with us on Sunday. Please come again. You are always welcome! If at some point, you would like to talk to a pastor – to find out about this community of faith, to find a listening ear, or simply to have a friendly visit – please call the church office. Regular office hours are Monday to Thursday 9 AM to noon.

Scent Awareness: Help us keep the air we share healthy and fragrance-free. Please refrain from using strong scents while in our church. Thank-you.

News

1. **Pastor Victoria Mwamasika** has accepted our call and will begin working with us on September 15th. Please keep her, her family, and our congregation in your prayers as we await her arrival.
2. Dorothea Baber's funeral will be held on Saturday, August 22nd at 1:00 p.m..
3. **Tea and Talk Time** on Wednesday, August 12th is a time for us to gather together for some tea and a chat with Pastor Brenda. Hope to see you there at 10:00 a.m.



4. We will be serving **breakfast** for the **Indigenous Christian Fellowship** on August 15th. The Sign-up Sheet is located on the bulletin board in the Narthex
5. The **CLAY (Canadian Lutheran Anglican Youth)** gathering takes place in Nanaimo, British Columbia in **2027**, and you can help Our Savior's youth attend this exciting event by donating your cans and bottles at any SARCAN location! Simply use the code **CANS4CLAY** at the Drop 'n Go terminal at any **SARCAN** location. It will ask you how many bags you have brought with you. Stickers will be printed to attach to your bags, and you can leave them with the SARCAN staff. It's easy, and there's not even any need to wait around for the cans to be counted! Thanks for using this fun and easy way of donating your cans to the Our Savior's youth 2027 CLAY trip!
6. For those wanting to donate **flowers** for Sunday worship, there is a sign-up sheet in the Narthex. Please note flowers need to have little or no scent. Write your name beside the date to which you are committing, and optionally the reason why (e.g. In honour of someone's anniversary OR In memory of a loved one).



hearing headsets. Also, in the drawer below (the middle drawer) are noise-cancelling headphones, and pink and blue coloured overlays to assist with reading. If there are other items like these that you would appreciate having available at Our Savior's, please talk to Carol Flotre, Marja Hordern, Cindy Leggott, or Wendy McCutcheon.

7. From the **Accessibility and Inclusion Subcommittee: Fidgets** and other **sensory items** are available in a basket on the Ushers Table near the



Community Use of Building

Sunday:

7:00 p.m. **NA Serenity Now** in Fellowship Hall

Monday:

1:30 p.m. **Al Anon** in Fireside Room

8:00 p.m. **AA** in Fellowship Hall

Tuesday:

6:00 & 7:00 p.m. **Kathy's Tai Chi** in Fellowship Hall

Wednesday:

8:00 p.m. **AA** in Fellowship Hall

Thursday:

6:00 & 7:00 p.m. **Kathy's Tai Chi** in Fellowship Hall

Friday:

7:00 p.m. **Naranon** in Fireside Room

7:00 p.m. **NA Living in Solutions** in Fellowship Hall

Saturday:

6:30 p.m. **NA RC** in Fireside Room

Lutheran Organizations Information

1. **Evangelical Lutheran Church In Canada News** can be found here: [ELCIC News: August 5, 2026](#)

Community Events



Waltz Dance Lessons

Mondays 6:30 – 8:00 p.m.
Sep. 14 – Dec. 7, 2026
Crescents School Gym
2401 Retallack Street

Class Limit - first 10 couples

More information – call Ron 639-590-6718 or
e-mail – r.hopkinson@sasktel.net

- Be able to go to any dance & have fun
- Laugh more
- Make new friends
- Exercise more
- Reduce stress
- Improve memory skills

A Direct Program of the South Zone Recreation Board with support from



**TAKE A STEP...
INTO FITNESS,
FRIENDSHIP,
AND FUN!!**



- *Lots of laughter
- *Stress buster
- *Brain booster
- *Affordable date night
- *Upbeat music from the 60's to now
- *A fast-paced way to get your steps in!

INTRO TO MODERN SQUARE DANCE 2026

Thursday, Sept 3 and/or Sept 10

6:15 – 8:00 pm, \$10/night

Hall at Our Lady of Peace Church, 425 Broad St. N, Regina

Bring a water bottle and indoor shoes

Singles welcome



SASK LOTTERIES

Classes continue to April 1; 25 weeks for \$200
\$10 "Intro" fees deducted if you join by Sept 10

For more info: call or text 306-436-7604 or 306-725-7535
Facebook: Regina Square Dancing; [sksquaredance.com](https://www.facebook.com/sksquaredance.com)

Our Council:

Ann Marie Melvie, Chair

Dave Solheim, Vice-Chair (Technology)

Bev Tastad, Treasurer (Finance)

Barbara Anderson, Secretary

(Welcoming the Newcomer, Justice & Peace)

Murray Knuttila (Governance)

Daryl Nelson (Finance)

Linda Nilson (Children's Ministry, VBS)

Bert Ottenson (Property Management)

Ken Stalwick (Youth Ministry)

Garnet Mang (Worship)

