

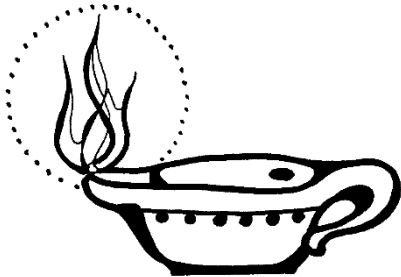


## OUR SAVIOR'S LUTHERAN CHURCH NEWS, EVENTS AND INFORMATION May 14, 2026

[office@oslregina.com](mailto:office@oslregina.com)

306-586-0006

[www.oslregina.com](http://www.oslregina.com)



**Sunday:**

10:30 AM **Sunday Worship**

**Monday:**

9:30 AM **Monthly Book Study** in Fireside Room

9:30 AM **Tai Chi** in Fellowship Hall

**Tuesday:**

9 AM **Quilting** in Fellowship Hall

**Wednesday:**

9:30 AM **Morning Prayer** in Fireside Room

7 PM Choir rehearsal

**Thursday:**

9:30 AM **Tai Chi** in Fellowship Hall

**Saturday:**

9 AM **Muffins & Meditation** in Fireside Room

**Next Sunday:**

10:30 AM **Sunday Worship**

**Community Use of Building:**

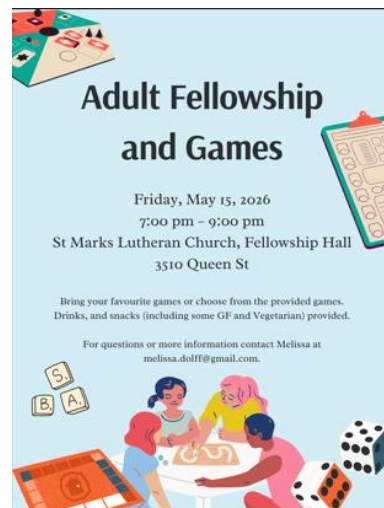
During the week we welcome a number of outside groups into our building: Narcotics Anonymous on Sunday at 7 PM, Tuesday at 7 PM, Friday at 7 PM and Saturday at 6:30 PM; Forever in Motion on Monday at 1 PM; Al-Anon on Monday at 1:30 PM; Alcoholics Anonymous on Monday & Wednesday at 8 PM; Kathy's Tai Chi Tuesday & Thursday at 6 PM & 7 PM; Naranon on Friday at 7 PM.

**Welcome to all those worshipping** with us today. Please come again. You are always welcome! If at some point, you would like to talk to a pastor – to find out about this community of faith, to find a listening ear, or simply to have a friendly visit – please call the church office. Regular office hours are Monday to Thursday 9 AM to noon.

**Scent Awareness: Help us keep the air we share healthy and fragrance-free. Please refrain from using strong scents while in our church. Thank-you.**

## Events

1. **Adult Fellowship and Games, May 15 from 7 PM to 9 PM** at St. Mark's Lutheran Church, 3510 Queen St. For questions or more information, contact Melissa at [melissa.dolff@gmail.com](mailto:melissa.dolff@gmail.com)
2. **Wednesday Morning Prayer:** We gather, to pray for the needs of the community. We meet in the Fireside Room at 9:30 AM.
3. **M&M (Muffins and Meditations) study Saturday May 23** will be led by Diane and Larry Mossing. The theme of this study is Anger in the Psalms as it is expressed in Psalm 39. Come for your morning coffee and a muffin at 9 AM and then discover another unique aspect of this favourite book of the Bible. All are welcome.
4. **I Can't Help Singing! Thursday, May 28 at The Living Spirit Centre, 3018 Doan Dr.** A retrospective on songs written by Diane Taylor Neale and Ken Powers. All proceeds go to Multifaith Sask and it's remarkable High School Visual Arts Program Tickets \$25 for dinner at 6:30 PM and main gathering, music and prayer at 7:30 PM. Contact [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) for ticket purchase or more information. (See poster on next page)
5. **Monthly Book Study Monday, June 6:** All are welcome.
6. **2026 Pride Parade – Saturday, June 13** Save the date! Join Pastor Brenda and others in the OSL community as we participate in the Queen City Pride Parade! Meet other Regina faith communities at 11:30 to walk through downtown to the Legislature grounds. Rather sit and watch? See your friends from viewing area! Opportunities are here to make signs, decorate our float, booth setup, and the ever-popular glitter blessings. Got questions? See Dan Coggins (new OSL member).



7. **Vacation Bible School (VBS):** Our Savior's is planning a fun-filled VBS to run July 13-17 (9:30 a.m.-11:45 a.m.), for kids ages 4-12. Cost is free, registration forms are available on the usher's table and in the church office. For more information, contact Marja Hordern, Linda Nilson, or Tamra Button.

# I CAN'T HELP SINGING!

**A retrospective on songs written by Diane Taylor Neale and Ken Powers**

**Thursday, May 28, 2026  
The Living Spirit Centre  
3018 Doan Drive, Regina**

**We eat together.  
We Sing together.  
We Pray together.**

Host: Shauna Powers,  
CBC Radio Producer

Music Director:  
Michelle Dickie

With Prayers from the  
Multifaith Saskatchewan  
Community

All proceeds go to  
Multifaith Saskatchewan  
and it's remarkable High  
School Visual Arts  
Program

Doors Open at 5:30 pm

Vegetarian Dinner  
served at 6:30 pm

Main Gathering, Music,  
and Prayer at 7:30 pm

**Tickets are  
available for \$25**  
Contact [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net)  
for tickets or scan our QR Code

## News

1. **Bishop Sid Haugen** is our interim pastor to the end of June. He is regularly in the church office Tuesday, Wednesday and Thursday mornings and can be reached via email at [BishopSid@oslregina.com](mailto:BishopSid@oslregina.com), by calling the church office, or in case of urgent care, by phone at 306-530-4328.
2. **Middle East Emergency Appeal** – As violence in the region escalates, CLWR, the ELCIC and the Humanitarian Coalition are asking for your help to provide life-saving aid. Please join us in prayer and consider donating today. Give now at [clwr.org/middleeast](http://clwr.org/middleeast) or call **1-800-661-2597** (Mon-Fri 9 AM-4 PM CST).
3. For those wanting to donate flowers for Sunday worship, there is a sign-up sheet in the Narthex. Please note flowers need to have little or no scent. Write your name beside the date to which you are committing, and optionally the reason why (e.g. In honour of someone's anniversary OR In memory of a loved one).
4. **Calling all bakers.** Please consider bringing cookies and squares that we will all enjoy after Sunday worship. You can drop them off in the downstairs freezers.
5. From the **Accessibility and Inclusion Subcommittee: Fidgets** and other **sensory items** are available in a basket on the Ushers Table near the hearing headsets. Also, in the drawer below (the middle drawer) are noise-cancelling headphones, and pink and blue coloured overlays to assist with reading. If there are other items like these that you would appreciate having available at Our Savior's, please talk to Carol Flotre, Marja Hordern, Cindy Leggott, or Wendy McCutcheon.
6. Not on our **e-mailing list**? Let the office know if you'd like to receive a weekly e-mail which includes the upcoming Sunday's Order of Worship and the weekly newsletter.



**CLWR Lake Chad Project:** A huge thank you to everyone who has supported the CLWR Friends of Creation Lake Chad Project. Our Savior's has raised enough money to fund 100+ acres! This is an ongoing project for CLWR and our 100 Acres are just a small part of a bigger picture. If you would like to continue to support this project,



donations can still be made online through our portal ([www.clwr.org/oslregina](http://www.clwr.org/oslregina) (make sure you are on the **Our Savior's page**)) or through the Sunday offering (clearly labelled Lake Chad).

## **Fardous and Family – Welcome to Regina!**

What a joyous time at the airport when Fardous and family finally arrived! What a blessing to see them in church last Sunday.

We wish them well as they adjust to being in Canada and settling into life in Regina.





## Signs of Spring Green Note

This is the day that the Lord has made. Let us rejoice and be glad in it ...



literally dripping!



One morning this past week I saw an amazing sight. The maple tree on our front lawn was dripping maple sap...yes,



It was so beautiful to watch and hear! I'm continually amazed at how nature works in such awe-inspiring ways. It truly is something to rejoice and be glad about!

Nature is so amazing and beautiful! Thanks be to God!

Thanks for thinking green ♡!

Barbara Jones

## **Lutheran Organizations Information**

1. **Evangelical Lutheran Church In Canada News** can be found here:  
<https://elcic.ca/news/>
2. **ELCIC Day of Action on May 31:** This year marks 40 years in the life of our church! This milestone not only invites us to remember our story, but also to reflect on who we are today and how God is calling us forward as a church *Living out God's grace and unconditional love.*
3. **Luther College Founders' Day Dinner, May 29.** RSVP by May 15 to 306-791-9175 or alumni@luthercollege.edu.

### **Our Council:**

Ann Marie Melvie, Chair  
Dave Solheim, Vice-Chair (Technology)  
Bev Tastad, Treasurer (Finance)  
Barbara Anderson, Secretary  
(Welcoming the Newcomer,  
Justice & Peace)  
Murray Knuttila (Governance)  
Daryl Nelson (Finance)  
Linda Nilson (Children's Ministry, VBS)  
Bert Ottenson (Property Management)  
Ken Stalwick (Youth Ministry)  
Garnet Mang (Worship)



### **Thank you to Sunday's**

#### **Worship Assistants:**

Altar Guild: Bernice Casper &  
Donna Achtzehner  
Children's Church: Marja Hordern &  
Tamra Button  
Coffee: Verna Anderson  
Communion: Verna Anderson &  
Carol Mooney  
Counters: Tamra Button &  
Steve Button  
Liturgist: Phil Achtzehner  
Musician: Lynn Cavanagh  
Reader: Sharon Solheim  
Tech Team: Dave Solheim & Joy Patoine  
Tech Script: Mark Anderson  
Ushers: Bernice Casper & Donna Achtzehner  
Flowers: sign up today!

