

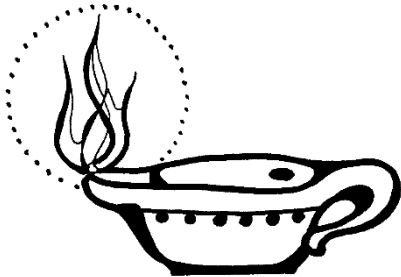


OUR SAVIOR'S LUTHERAN CHURCH NEWS, EVENTS AND INFORMATION April 1, 2026

office@oslregina.com

306-586-0006

www.oslregina.com



Today:

10:30 AM **Sunday Worship**

Monday:

9:30 AM **Tai Chi** in Fellowship Hall

Tuesday:

9 AM **Quilting** in Fellowship Hall

Wednesday:

9:30 AM **Morning Prayer** in Fireside Room

7 PM Choir rehearsal

Thursday:

9:30 AM **Tai Chi** in Fellowship Hall

Friday:

Next Sunday:

10:30 AM **Sunday Worship**

Community Use of Building:

During the week we welcome a number of outside groups into our building: Narcotics Anonymous on Sunday at 7 PM, Tuesday at 7 PM, Friday at 7 PM and Saturday at 6:30 PM; Forever in Motion on Monday at 1 PM; Al-Anon on Monday at 1:30 PM; Alcoholics Anonymous on Monday & Wednesday at 8 PM; Kathy's Tai Chi Tuesday & Thursday at 6 PM & 7 PM; Naranon on Friday at 7 PM.

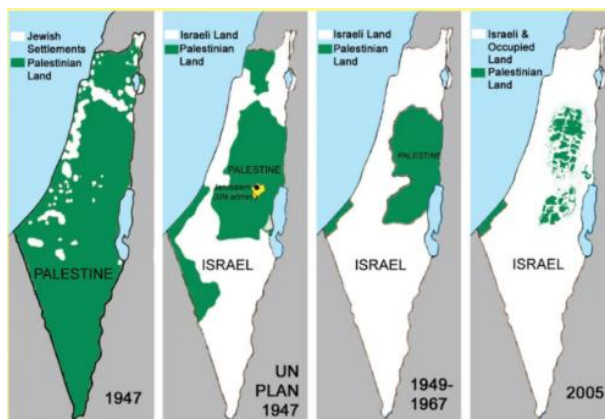
Welcome to all those worshipping with us today. Please come again. You are always welcome! If at some point, you would like to talk to a pastor – to find out about this community of faith, to find a listening ear, or simply to have a friendly visit – please call the church office. Regular office hours are Monday to Thursday 9 AM to noon.

Scent Awareness: Help us keep the air we share healthy and fragrance-free. Please refrain from using strong scents while in our church. Thank-you.

Events

1. **The OSL office will be closed until Wednesday, April 8.**
2. **Wednesday Morning Prayer:** We gather, to pray for the needs of the community. We meet in the Fireside Room at 9:30 AM.
3. **20th Women's Retreat: Body, Mind, & Spirit – Living Resurrection Life** on Saturday, April 11 from 8:30 AM to 3:30 PM at New Hope Lutheran Church, 370 McIntosh Street N. To register, call 306-543-0118 or email newhopelutheran.regina@sasktel.net
4. **Adult Fellowship and Games**, Friday, April 17 from 7 PM to 9 PM at St Mark's Lutheran Church.

5. **Palestine Land Exercise (PLE)** on Saturday, April 18 at 1:30 PM. This a participatory educational process that explores the history of Palestinian-Israeli relations. Participants take on the role of Palestinians to experience key events and personal stories from the late 19th century to today. Please call the church office to register by April 16. Space is limited.



6. CLWR Friends of Creation Lake Chad Project: This year, as part of our **Greening Sunday celebration on April 26**, Our Savior's will be collecting funds for Canadian Lutheran World Relief's (CLWR) Friends of Creation Lake Chad Project.



7. The OSL quilters invite you to this year's Pie Social on **Thursday, May 14th at 6:30 PM.** Please join us – in the Fellowship Hall - for an enjoyable evening of fundraising, fellowship, and delicious pies.

News

1. **Pastor Brenda Nestegaard Paul** is our three-quarter time interim pastor to the end of April 2026. She is regularly in the church office Tuesday, Wednesday and Thursday mornings and can be contacted via e-mail at PastorBrenda@oslregina.com, by calling the church office, or in case of urgent care, by phone at 306-530-4328.
2. **The OSL office will be closed until Wednesday, April 8.**
3. **The next ICF breakfast is on Saturday, April 17.** Please consider volunteering. There is a sign-up sheet in the Narthex.
4. **Call for Pie Social silent auction donations.** Since many of us are trying to downsize and/or don't need more items in our homes, we're going to try something a bit different this year with the silent auction. We're asking for donation of "consumable" items or "experiences" e.g. a jar of jam; a plate of cookies; a soup to be delivered when requested; or a lesson. We hope you appreciate this slight twist. If you have something to donate for the silent auction – thank you! – and **please deliver to the church before Tuesday, May 12th.**
5. For those wanting to donate flowers for Sunday worship, there is a sign-up sheet in the narthex. Please note flowers need to have little or no scent. Write your name beside the date to which you are committing, and optionally the reason why (e.g. In honour of someone's anniversary OR In memory of a loved one).
6. **Middle East Emergency Appeal** – As violence in the region escalates, CLWR, the ELCIC and the Humanitarian Coalition are asking for your help to provide life-saving aid. Please join us in prayer and consider donating today. Give now at clwr.org/middleeast or call **1-800-661-2597** (Mon-Fri 9 AM-4 PM CST).
7. The **Prayer Shawl Ministry** is looking for knitters who would like to create new prayer shawls. Supplies and instructions can be found on top of the desk and in the top desk drawer, currently draped in a red tablecloth, which is situated near the door when you enter the Fireside Room. For information, contact Donna Ottenson at dottenson@sasktel.net.
8. From the **Accessibility and Inclusion Subcommittee: Fidgets** and other **sensory items** are available in a basket on the Ushers Table near the hearing headsets. Also, in the drawer below (the middle drawer) are noise-cancelling headphones, and pink and blue coloured overlays to assist with reading. If there are other items like these that you would appreciate having available at Our Savior's, please talk to Carol Flotre, Marja Hordern, Cindy Leggott, or Wendy McCutcheon.
9. Not on our **e-mailing list**? Let the office know if you'd like to receive a weekly e-mail which includes the upcoming Sunday's Order of Worship and the weekly newsletter.



Dear

Pastors, Rostered Leaders, Friends,

Canadian Lutheran World Relief and the Evangelical Lutheran Church in Canada are calling on Lutherans and friends across Canada to pray for families throughout the Middle East that are caught in a rapidly escalating regional crisis, and to give generously to support their urgent humanitarian needs.

Violence across the region has triggered a growing humanitarian emergency affecting millions of people.

In Lebanon alone, **more than 102,000 people have already been displaced**, with hundreds of emergency shelters operating at or near capacity, and many families crossing borders in search of safety. In Syria, post-regime reconstruction has been severely disrupted by this escalating conflict, exacerbating the humanitarian needs in the country. And in Gaza, the regional conflict threatens to further disrupt supply lines for the two million residents who are entirely dependent on aid.

This crisis is hitting civilians hardest. Behind every statistic, every news bulletin and every social media post is a family searching for safety, shelter and hope.

CLWR has been serving displaced communities across the region for many years. Today, along with our partners in the Humanitarian Coalition and the ELCIC, we are appealing to our faithful and compassionate Lutheran family to once again help those in need.

Your congregation's support for this response will help provide:

- Emergency shelter, blankets and bedding for displaced families
- Food assistance and safe drinking water
- Medical care and essential medicines
- Psychosocial support for children and families experiencing trauma
- **Middle East Emergency Appeal** – As violence in the region escalates, CLWR, the ELCIC and the Humanitarian Coalition are asking for your help to provide life-saving aid. Please join us in prayer and consider donating today. Give now at clwr.org/middleeast or call **1-800-661-2597** (Mon-Fri 9 AM-4 PM CST).

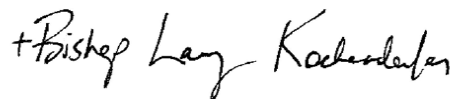
To ensure CLWR receives your congregation's gifts quickly, consider setting up a fundraising page through CLWR's website. Fundraising pages can be created at clwr.org/fundraise. Please feel free to contact us at churches@clwr.org if you need any help setting up a fundraiser or accessing any of the church resources.

Thank you for helping to get this message out to your congregation and for your congregation's generosity and compassion in supporting this humanitarian response. Please continue to hold the people of the region in your prayers.

May God bless you,



Rev. Dr. Michael Pryse
Interim Executive Director
Canadian Lutheran World Relief



Rev. Dr. Larry Kochendorfer
National Bishop
Evangelical Lutheran Church in Canada

A Statement from the National Bishop

ELCIC National Bishop Larry Kochendorfer shares a statement to the church following several incidents of Synagogues being attacked in Canada and the United States including several involving gun violence.

“Attacks on sacred spaces and social gathering places are a threat to individuals and a wound to the communities who desire to come together in the name of faith, friendship and mutual support,” said the Bishop in the statement.

“In this moment when fear and division threaten the fabric of our communities, the church is called to be a witness to God’s justice, mercy and peace,” he continued, as he invited the church to join in prayer. [Read the full statement here.](#)



CLIMATE + WATER

NUBA'S STORY



In the village of Mandalia, Chad, farmer Yamadji Nanadoum Nuba is adapting to a changing climate—one tomato at a time.

Nuba grows onions, tomatoes, and other vegetables on land that had become difficult to farm after many years of intense use. Like many others in the Lake Chad Basin, he used to rely on purchased fertilizers. But rising costs and increasing pressure from drought made it harder to keep up. The land needed a new approach.

CLWR.ORG/FOC-CHALLENGE

CLIMATE + WATER | NUBA'S STORY CONTINUED

Through CLWR's Nature Based Solutions project, being implemented in Chad and Cameroon through partners Lutheran World Federation, Nuba joined a Farmer Field School and learned how to make compost using local materials—like animal manure, straw, and ash. These organic fertilizers are easier to access and more affordable. They also help the soil stay moist longer, which is critical in a region where rainfall is scarce and unpredictable.

Now using both compost and irrigation, Nuba has transformed his vegetable garden. His crops are healthier, the soil holds water better, and harvests have improved. His wife Simone sells their vegetables wholesale at the Mandalia market, where their tomatoes are especially popular. Customers say they're bigger, sweeter, and stay fresh longer—even without refrigeration. Each week, Simone sells around 10 bags of tomatoes for CAD 11 each, providing steady income for their family of ten.

Nuba is also looking ahead. As part of a "training of trainers" program, he's now teaching neighbours—including Gama and Makhaila—how to compost and use water wisely. His knowledge is helping others grow more with less, protect their soil, and care for the land that sustains them.

"When you learn to make compost and keep the water in the ground, it changes everything," Nuba says. "The soil becomes alive again." big decision. What does your heart tell you about caring for nature?

Lutheran Organizations Information

1. **Evangelical Lutheran Church In Canada News** can be found here:
<https://mailchi.mp/elcic/elcic-news356789-4750877?e=df7c8f7cf9>
2. **Save the Date (May 7- 9)** for the **Worship & Music Symposium 2026**. Workshops and Worship led by Rev. Dr. Dennis Hendrickson, Dr. Joy Berg, Rev. Kristian Wold, Rev. Dr. Larry Kochendorfer, Ben Johnston-Urey and Neil Cockburn. To be held at Christ Lutheran Regina.
3. **ELCIC Day of Action on May 31**: This year marks 40 years in the life of our church! This milestone not only invites us to remember our story, but also to reflect on who we are today and how God is calling us forward as a church *Living out God's grace and unconditional love*.

Our Council:

Ann Marie Melvie, Chair
Dave Solheim, Vice-Chair (Technology)
Bev Tastad, Treasurer (Finance)
Barbara Anderson, Secretary
(Welcoming the Newcomer,
Justice & Peace)
Murray Knuttila (Governance)
Daryl Nelson (Finance)
Linda Nilson (Children's Ministry, VBS)
Bert Ottenson (Property Management)
Ken Stalwick (Youth Ministry)
Garnet Mang (Worship)



Thank you to today's Worship Assistants:

*Altar Guild: Sharon Solheim &
Katie Achtzehner*
*Children's Church: Marja Hordern &
Laura Bacon*
Coffee: Donna Ottenson
*Communion: Barbara Anderson &
Sharon Solheim*
*Counters: Jonathan Achtzehner &
Katie Achtzehner*
Liturgist: Phil Achtzehner
Musician: Barbara Reul
Reader: Barbara Anderson
Tech Team: Levi Berg & Robert Lee
Tech Script: Mark Anderson
Ushers: Leona Gooding & Barbara Jones
*Flowers: Alanna Manz
Pastor Brenda*