

# Our Savior's Lutheran

The Weekly Newsletter



For all OSL Worship Events on Zoom  
Meeting ID: 3065860006  
Password: 190

### This week

**Sunday:**

10:30 AM **Sunday Worship**

**Monday – Friday: VBS decorating**  
throughout the church

**Saturday: Marion Nestegard**

**Memorial Service** at 1:00 p.m.

Reception to follow in Fellowship  
Hall

**Next Sunday:**

10:30 AM **Sunday Worship**

[office@oslregina.com](mailto:office@oslregina.com)

306-586-0006

[www.oslregina.com](http://www.oslregina.com)

**Pastor Brenda Nestegaard-Paul** is our interim pastor until August 31<sup>st</sup>. She is in the church office Tuesdays, Wednesdays and Thursdays from 9:30 a.m. to noon. She can be reached via email at [PastorBrenda@oslregina.com](mailto:PastorBrenda@oslregina.com), by calling the church office, or in case of urgent care, by phone at 306-530-4328.



**Welcome to all those worshipping** with us on Sunday. Please come again. You are always welcome! If at some point, you would like to talk to a pastor – to find out about this community of faith, to find a listening ear, or simply to have a friendly visit – please call the church office. Regular office hours are Monday to Thursday 9 AM to noon.

**Scent Awareness: Help us keep the air we share healthy and fragrance-free. Please refrain from using strong scents while in our church. Thank-you.**

## News

1. Last Sunday, the congregation voted in favour of calling **Pastor Victoria Mwamasika**. Please keep her and our congregation in your prayers as we await her decision.



2. A memorial service for **Marion Nestegard**, mother and wife of **Pastor Brenda Nestegaard-Paul** and **Dennis Nestegard** will begin at 1:00 p.m. on Saturday, July 11<sup>th</sup>. A reception will follow in the Fellowship Hall. All are welcome.

3. **All volunteers for Vacation Bible School** this July are asked to attend a meeting on **Sunday, July 5<sup>th</sup>** following service in the Fellowship Hall.
4. Many people have asked if there are ways to help with **VBS preparation**. There is a list in the narthex of needed items to donate, as well as a few pre-VBS tasks to do. If you would like to support VBS this way, please check out the list at the back. Thanks!



5. OSL has received a number of **book donations** recently. With the assistance of Bishop Sid, we have allocated the books to various locations. Some of them are being processed to be placed in our library. Look for

the display in the fall. There are also some which are found on the table in the narthex. **THEY ARE FREE**. Any books not taken will be packed up later to be sent to the Christian Bookstore on Victoria Ave. called "Pass the Word". If you ever need to get a Christian gift, it's a great place. They also have a discounted room at the back with all kinds of treasures. Hope you have a wonderful summer with a book or two! **Merle Porcina**

6. **Green Note**

This article heightens the importance of planting native milkweed here in our province. Our very own OSL showy milkweed plantings are thriving nicely (and probably enjoying all the moisture we've been getting too). We're doing our part to provide the much needed habitat that the Monarch Butterfly needs to lay their larvae. Something else that's growing nicely are our carrots. Hopefully we'll get a good harvest to donate to the Food Bank come fall. Thanks for thinking green ❤️!



Barbara Jones Endangered monarch butterflies return to Saskatchewan | 650 CKOM  
<https://share.google/JmaO5rJvWRcmfX8zK>

## Community Use of Building

### Sunday:

7:00 p.m. **NA Serenity Now** in Fellowship Hall

### Monday:

1:30 p.m. **Al Anon** in Fireside Room

8:00 p.m. **AA** in Fellowship Hall

### Tuesday:

6:00 & 7:00 p.m. **Kathy's Tai Chi** in Fellowship Hall

### Wednesday:

8:00 p.m. **AA** in Fellowship Hall

### Thursday:

6:00 & 7:00 p.m. **Kathy's Tai Chi** in Fellowship Hall

### Friday:

7:00 p.m. **Naranon** in Fireside Room

7:00 p.m. **NA Living in Solutions** in Fellowship Hall

### Saturday:

6:30 p.m. **NA RC** in Fireside Room



7. For those wanting to donate **flowers** for Sunday worship, there is a sign-up sheet in the Narthex. Please note flowers need to have little or no scent. Write your name beside the date to which you are committing, and optionally the reason why (e.g. In honour of

someone's anniversary OR In memory of a loved one).

8. From the **Accessibility and Inclusion Subcommittee: Fidgets** and other **sensory items** are available in a basket on the Ushers Table near the hearing headsets. Also, in the drawer below (the middle drawer) are noise-cancelling headphones, and pink and blue coloured overlays to assist with reading. If there are other items like these that you would appreciate having available at Our Savior's, please talk to Carol Flotre, Marja Hordern, Cindy Leggott, or Wendy McCutcheon.



9. Not on our **e-mailing list**? Let the office know if you'd like to receive a weekly e-mail which includes the upcoming Sunday's Order of Worship and the weekly newsletter.

## Events



**Vacation Bible School (VBS):** Our Savior's is planning a fun-filled VBS to run July 13-17 (9:30 a.m.-11:45 a.m.), for kids ages 4-12. Cost is free, registration forms are available on the usher's table and in the church office. For more information, contact Marja Hordern, Linda Nilson, or Tamra Button.

## Lutheran Organizations Information

1. **Evangelical Lutheran Church In Canada News** can be found here: [ELCIC News: June 30, 2026](#)

## Lutheran Organizations Information Continued

2. The **Saskatchewan ELCIC Synod** has received word that a **fraudulent email** has been sent out appearing to be from one of our pastors. The wording is below:

Good day, Are you less busy today ? I'd like you to handle a task for me involving some of our diligent staffs and few member. Return my email when you received this email. Thanks.

Do not respond to this or any similar email. If in doubt, contact the apparent sender (such as the pastor in this case) by other means. Other things to note:

- No pastor or anyone from the Synod office is ever going to request gift cards;
- Note the many spelling and grammatical errors; and
- Email from the Synod always contains the full signature as below.

Remember - if it looks different than usual or seems "off", it probably is!

3. **Venezuela earthquake response** – CLWR and the ELCIC are calling on Lutherans in Canada to pray for the people of Venezuela and to donate today to provide life-saving relief in n partnership with the Lutheran World Federation. From June 25- July 14, your donation will be matched by the Canadian government, doubling your impact. Give now at [clwr.org/venezuela](http://clwr.org/venezuela) or call 1-800-661-2597 (Mon-Fri 9am-4pm CST).

To view a video from Golda Ibarra, Lutheran World Federation's representative for Colombia and Venezuela, click on this link: [Update from Venezuela's Earthquake](#) In the video she says it is so encouraging for people in Venezuela to know that people from Canada and around the world are sending support and thinking of them. It helps people know they are not alone.



4. Canadian Lutheran World Relief update on the Friends of Creation Challenge (Lake Chad) More than 90 congregations across Canada have joined the Friends of Creation challenge! Together they have raised \$835,271.69 to help restore 16,705 acres in the Lake Chad basin. What an incredible commitment to care for God's creation. ❤️ There is still time to donate. Please note any contribution you make at Our Savior's for this initiative as Lake Chad.



Join us for Vacation Bible School!



Ages: 3-11  
Cost: free  
Register by  
July 3, 2025



July 20-24, 2026  
9:00-11:30am  
Christ Lutheran Church  
4825 Dewdney Ave., Regina, SK

## Mark you Calendars for this Fall

1. **Save The Date: The Lutheran Campus Ministry Fundraiser supper** is set for Saturday evening, **October 3<sup>rd</sup>** with reception at 5 pm & supper at 6:00pm at **Smiley's Buffet in Saskatoon**. Come to hear how the ministry of post-Secondary students is evolving and growing. You can enjoy a great meal at Smiley's, fellowship, entertainment and have the opportunity to offer your prayers, stewardship and support. Keep an eye out for tickets to be made available at Summer's end.



# JEFFERY STRAKER CONCERT

Contemporary Folk  
Singer of the Year  
**2025 Canadian Folk  
Music Awards**

**SEPTEMBER 24, 2026**  
**DOORS OPEN AT 6:30 PM**  
**CONCERT AT 7:00 PM**

3018 Doan Drive, Regina - The Living Spirit Centre  
The Living Spirit Centre is a scent free facility  
Join us for this Eastside United fundraiser

**Limited tickets will be available at the door if not  
sold out. Scan the QR Code or contact us to  
purchase tickets for \$30!**



[eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net)  
306-761-0556

**Our Council:**

Ann Marie Melvie, Chair  
Dave Solheim, Vice-Chair (Technology)  
Bev Tastad, Treasurer (Finance)  
Barbara Anderson, Secretary  
(Welcoming the Newcomer,  
Justice & Peace)  
Murray Knuttila (Governance)  
Daryl Nelson (Finance)  
Linda Nilson (Children's Ministry, VBS)  
Bert Ottenson (Property Management)  
Ken Stalwick (Youth Ministry)  
Garnet Mang (Worship)



**Thank you to Sunday's  
Worship Assistants:**

**Altar Guild:** Diane Mossing &  
Larry Mossing

**Children's Church:** See you next Fall

**Coffee:** Margot Bartel

**Communion:** Donna Ottenson &  
Bert Ottenson

**Counters:** Bert Ottenson &  
Donna Ottenson

**Liturgist:** Ann Marie Melvie

**Musician:** Lynn Cavanagh

**Reader:** Alanna Manz

**Tech Team:** Steve Button &  
Ken Stalwick

**Tech Script:** Mark Anderson

**Ushers:** Bernice Casper &  
Donna Achtzehner

**Flowers:** Larry Johnson in memory of  
Lorraine Johnson!