

Our Savior's Lutheran

The Weekly Newsletter



For all OSL Worship Events on Zoom
Meeting ID: 3065860006
Password: 190

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306-586-0006

www.oslregina.com

This week

Sunday:

10:30 AM **Sunday Worship**

Monday:

9:30 AM **Tai Chi** (Fellowship Hall)

1:00 PM **Justice & Peace**

Committee Meeting (Zoom)

Tuesday:

9:00 AM **Quilting**

Wednesday:

7:00 PM **Choir** (Choir Loft)

Thursday:

9:00 AM **Women's Ministerial**
(Fireside Room)

9:30 AM **Tai Chi** (Fellowship Hall)

Saturday:

9:00 AM **Muffins & Meditation**
(Fireside Room)

Next Sunday:

10:30 AM **Sunday Worship**

Pastor Victoria Mwamasika is our new pastor and she is regularly in the church office Tuesday through Thursday. She can be reached via email at PastorVictoria@oslregina.com, by calling the church office, or in case of urgent care, by phone at 306-530-4328.



Welcome to all those worshipping with us on Sunday. Please come again. You are always welcome! If at some point, you would like to talk to a pastor – to find out about this community of faith, to find a listening ear, or simply to have a friendly visit – please call the church office. Regular office hours are Monday to Thursday 9 AM to noon.

Scent Awareness: Help us keep the air we share healthy and fragrance-free. Please refrain from using strong scents while in our church. Thank-you.

News



1. Our Church Council Treasurer mom, **Martha Tastad** passed away this past Monday morning. Please keep Bev & Archie, and Bev's extended family in your prayers. The funeral will be held at Our Savior's on **Saturday, October 3rd at 11:00 a.m.**

2. The family of **Sharlene Gording** has requested **prayers** from our community as Sharlene recovers from a stroke in Wascana Rehab.

3. Our Savior's has an account with **Capital Cabs** should you require a ride to the church and back home. Just call **306-791-2222** to call a cab and give the driver our account code, which is **577**.



4. **Sunday School/Children's Church** has begun. We meet **every Sunday** during part of the worship service, going to the Fireside Room after the Prayer of the Day, and returning before communion. All children are welcome; children under three are asked to bring their adult with them.

5. **Indigenous Christian Fellowship** welcomes OSL Breakfast Volunteers for the **Saturday, September 19th** breakfast. Sign-up sheet in narthex or please contact Bert Ottenson: bottenson@sasktel.net

Community Use of Building

Sunday:

7:00 p.m. **NA Serenity Now** in Fellowship Hall

Monday:

1:00 p.m. **Forever in Motion** in Fellowship Hall

1:30 p.m. **Al Anon** in Fireside Room

8:00 p.m. **AA** in Fellowship Hall

Tuesday:

6:00 & 7:00 p.m. **Kathy's Tai Chi** in Fellowship Hall

Wednesday:

8:00 p.m. **AA** in Fellowship Hall

Thursday:

6:00 & 7:00 p.m. **Kathy's Tai Chi** in Fellowship Hall

Friday:

7:00 p.m. **Naranon** in Fireside Room

7:00 p.m. **NA Living in Solutions** in Fellowship Hall

Saturday:

6:30 p.m. **NA-RC** in Fireside Room



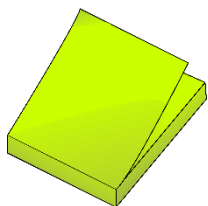
6. **Muffins & Meditations (M&M)** study on **Saturday, September 26th** will focus on Refuge in the Psalms including Psalm 91a famous song of trust that depicts God as our refuge and protector. Marilyn and Lynda Scheske will guide our study that morning. Come early for coffee and a muffin and then at 9:30 be ready to discover, once again, how the Psalms speak to every aspect of our lives. All are most welcome.

7. **"Grow A Row"** for the Food Bank Collection Day is **Sunday, September 27th**. You are invited to bring sturdy vegetables from your garden such as root vegetables or squash (including zucchini!), which will then be donated to the Regina Food Bank. Don't have a garden? Feel free to "harvest" root vegetables from your local store or the Farmer's Market.





8. On **Sunday, September 27th** after worship there will be a **special coffee time with foods featuring local ingredients**. If you would like to bring some food to share featuring a local ingredient, please sign up on the bulletin board in the narthex. This coffee time is our congregation's final component for the Canadian Lutheran World Relief "Friends of Creation" program (which included learning about CLWR's Lake Chad Project, and raising funds for the project). The special coffee time will also be our official wind up for our 2026 fundraising for Lake Chad (though on-going donations are still welcome after this day). Donations for the Lake Chad project can be made online at www.clwr.org/oslcgregina or through the regular offering with a note "Lake Chad".



9. **Green Note:** With autumn just around the corner, I'm reminded of what an interesting summer it's been weatherwise. Some of the statistics I've read indicate that in Regina, between June through to August, we've received 800-900 total bright hours (this is the way Environment Canada measures sunshine) and 16 days that reached over 30 degrees C. which is double the typical annual average of 8 days.

Reading about all of this weather stuff, I began thinking about our OSL solar panels and how they've been performing and decided to contact Wendy McCutcheon, who was a member of the OSL Solar Panel Committee, and who kindly provided the following update (see below). Thank-you Wendy, for putting this together.

And thanks everyone for thinking Green!

Barbara Jones ♥

We're happy to give you an update on our solar panels. They are most productive over the summer months. In fact, on our May to September power bills, we did not have to pay for any electrical charges because all the power used by the church during this period was either provided directly from solar power or paid for with electrical generation credits. As of our September power bill, we have saved \$2,927 in electrical charges this year. Their environmental benefit continues to grow as they have saved over 45,900 Kg of CO2 from entering the earth atmosphere since their installation.

10. The **CLAY (Canadian Lutheran Anglican Youth)** gathering takes place in Nanaimo, British Columbia in **2027**, and you can help Our Savior's youth attend this exciting event by donating your cans and bottles at any SARCAN location! Simply use the code **CANS4CLAY** at the Drop 'n Go terminal at any **SARCAN** location. It will ask you how many bags you have brought with you. Stickers will be printed to attach to your bags, and you can leave them with the SARCAN staff. It's easy, and there's not even any need to wait around for the cans to be counted! Thanks for using this fun and easy way of donating your cans to the Our Savior's youth 2027 CLAY trip!



Lutheran Organizations Information

1. **Evangelical Lutheran Church In Canada News** can be found here: [ELCIC News: September 17, 2026](#)
2. **LCBI Campus Clips for September 15, 2026:** [Campus Clips - The start of a new school year!](#)

Community Events

1. **Seeding an Economy of Life:
Emerging Ideas for a Just Climate Transition for All in Saskatchewan**



Kairos Regina and partners invite you to a day of “World Building” through imagination, creativity and conversation. At a time when governments are championing new fossil fuel projects instead of the bold climate action our world needs, communities across Canada are continuing to imagine a different future.

Join us in exploring Kairos Canada’s new guide, Seeding an Economy of Life, which helps churches and community groups host conversations about a just transition beyond fossil fuel dependence. Rooted in faith, justice, and real dialogue experiences from communities across Canada, this format offers practical exercises and hope-filled tools to help us envision a future that prioritizes people, communities, and the Earth.

The future is not yet written. Let’s imagine – and build – the future we want, together.

Saturday, September 19; 9:45 a.m. coffee, 10:00 a.m. start
Christ the King Parish, 3239 Garnet St, Regina and online
Lunch included. Donations will be accepted.

Register here: <https://secure.kairoscanada.org/civicrm/event/register?id=456>

2. The **TLC Pantry** invites you to join us for a few hours to meet each other and the Pantry Board, to see what we do with the donations you provide, to show you where we do the work we do to serve those who live in food insecurity in the Heritage area and to enjoy some light refreshments. Also, it is a small way in which we can show our appreciation for all you do for the people the Pantry serves.

When: **Saturday, Sept. 26 from 2-4 PM** (come and go as you are able)

Where: Trinity Lutheran Church site, 1909 Ottawa Street (Parking on the streets around the church)

Please RSVP to Donna at dmhuntley@sasktel.net.

Looking forward to seeing you there!!

Kathy Cameron, for TLC Pantry

[TLC Pantry Regina | coming soon](#)

Our Council:

Ann Marie Melvie, Chair
Dave Solheim, Vice-Chair (Technology)
Bev Tastad, Treasurer (Finance)
Barbara Anderson, Secretary
(Welcoming the Newcomer, Justice & Peace)
Murray Knuttila (Governance)
Daryl Nelson (Finance)
Linda Nilson (Children's Ministry, VBS)
Bert Ottenson (Property Management)
Ken Stalwick (Youth Ministry)
Garnet Mang (Worship)

