

OSL Weekly News

Sunday December 1

THIS WEEK FOR OSL

28 November: SaskAbilities Volunteers 9:30 AM, Fireside Room.

28 November: Tai Chi, 9:30 AM, Fellowship Hall.

1 December: Sunday Worship 10:30 AM. [Zoom Link: ID 3065860006, pw: 190](#)

2 December: Tai Chi, 9:30 AM, Fellowship Hall.

2 December: Forever in Motion, 1PM, Fellowship Hall.

2 December: Justice and Peace Team, noon, Fireside Room.

3 December: Quilting, 9AM, Fellowship Hall.

4 December: Morning Prayer, 9:30 AM, Fireside Room.

5 December: Library Ministry Team 9:30 AM, Fireside Room.

5 December: Tai Chi, 9:30 AM, Fellowship Hall.

NEWS & EVENTS

In Worship: At OSL we endeavor to be a radically welcoming and inclusive community. As such, during worship we invite you to position your body as best meets your needs. Please sit, stand, or kneel as works best for you, knowing that your worship is valid and cherished by God.

Thank you: Our time, talents and everything in our lives are all gifts from God. We thank God for these gifts and the opportunities to share them with others.

Eternity for Today Daily Devotionals Now Available for Pick Up: the newest edition is available in limited quantities for pick up from the narthex table. A small number will also be left in the church mailbox, located outside the front doors of the church.

Reverse Advent Calendar (Food Bank): This December, the Justice and Peace Ministry Team again invites you to participate in a Reverse Advent Calendar in support of the Regina Food Bank. For each day in Advent (this year there are 24), you are invited to donate a food item into the Food Bank Blue Barrel located under the Choir Loft stairs. Monetary donations are also welcome and can be placed in the regular offering plates in an envelope labeled "Food Bank." Thanks for helping us to feed the hungry this winter! For more information, see the full invitation in this newsletter.

Mitten Tree! This giving tree is up and waiting in our narthex to be decorated with new and used mittens, toques, scarves and socks. The winter clothing will be given to others in our communities this winter to help keep them warm.

***The Weary World Rejoices* Advent Devotionals: Ready!**

Thank you to those who requested a printed copy of this devotional. They are ready for your collection from the centre table in the narthex. Kindly initial beside your name to confirm you've received your copy.

If anyone has not yet signed up and would like a printed copy, please ADD your name to the list or contact the office and we'll print your copy this week. Thanks!

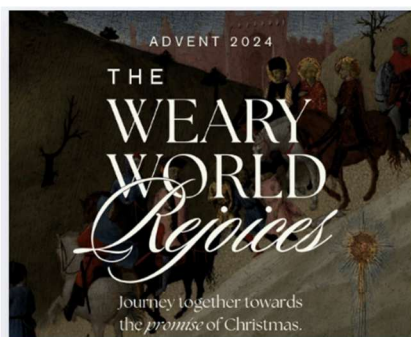
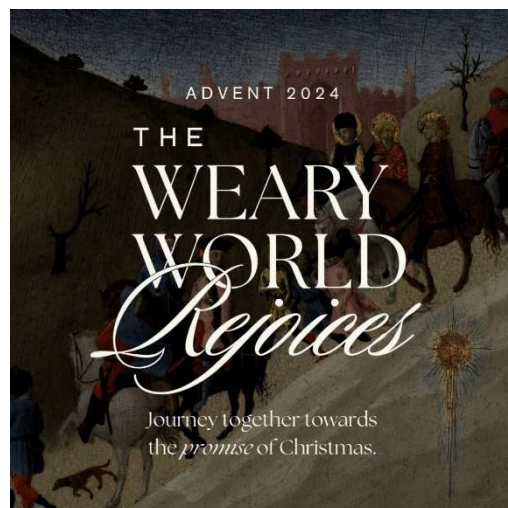
Advent Exploratory Journey: This year, you are invited to join Pastor Diane on an Advent journey using the resource, *The Weary World Rejoices...Journey Towards the promise of Christmas*, by Kate Bowler. There is a reflection for each day and then we will gather weekly as a group to share our experience. It is a different format than in previous years.

Printed copies available: please sign up at the narthex centre table or contact office.

Free digital copy: https://katebowler.com/seasonal_devotional/the-weary-world-rejoices/#guides



Weekly Group Discussion: Wednesdays at 9:30 AM in person at OSL (December 4, 11 and 18) or online via Zoom at 7 PM (December 5, 12 and 19)



Advent Devotional Group Discussion

Join us as we explore the theme
“The Weary World Rejoices” this
Advent Season.

**Wednesday December 4, 11, and 18 at 9:30 am
during Morning Prayer in the Fireside Room at OSL**

Thursday December 5, 12 and 19 at 7 pm on Zoom

Meeting ID: 862 2293 6010

Passcode: 12345

The devotional booklet can be found at:

https://katebowler.com/seasonal_devotional/the-weary-world-rejoices/#guides

Or contact the office for a printed copy.

Choir News: Our choir director, Jonathan Achtzehner, has requested a leave of absence and will be away until December 31. The Worship Ministry Team has decided not to appoint an interim director during this time. As a result, the choir will take a brief pause until the new year.

We pray that God will bless Jonathan during his time away.

3, 10, 17 December:

Advent: Still Point with God. Meditative prayer sessions on Zoom to pause and ponder. See graphic:

7 December: Music Event: Vivace – A Winter's Night. First Baptist Church, 7PM. (see also poster graphic below)



ADVENT

Still Point with God

*In the Womb of Advent
new life grows
in the dark ...*

Time out from hectic winter days
to stop and ponder ...

Meditative Prayer
7:00 — 8:10pm SK time

Tuesday
December 3 — 10 — 17

Leaders of Prayer:

Rev. Christine Burton (Anglican)
Stephanie Molloy (Roman Catholic)
Rev. Daphne Bender (Lutheran)

To obtain the Zoom-Link contact:
Rev. Marie-Louise Ternier
St. Andrew's Anglican Parish, Humboldt, SK
standrewshumb@gmail.com
or marlieset135@gmail.com

8 December: Music Event: Luther College High School Candlelight Services.

The services will be held on **at 2PM and 7PM** in the Luther College Merlis Belsher Heritage Centre, 1500 Royal Street. For this year's services, there will be no reserved tickets, so seating will be available on a first-come first-served basis, with doors opening 30 minutes prior to the event. (see also poster graphic later in this newsletter)

Vivace
Choral Ensemble
presents
A Winter's Night
John Nelson, director
Christa Walsh, accompanist
Saturday, December 7, 2024
7:00 p.m.
First Baptist Church
2241 Victoria Avenue
*Guest musicians: Quinn Bell, Stephen Felnávič,
Solveig Hovdestad, Rob Nelson*

Tickets \$15.
Available from:
Vintage Vinyl
Traditions Hand Craft Gallery
Online
At the door

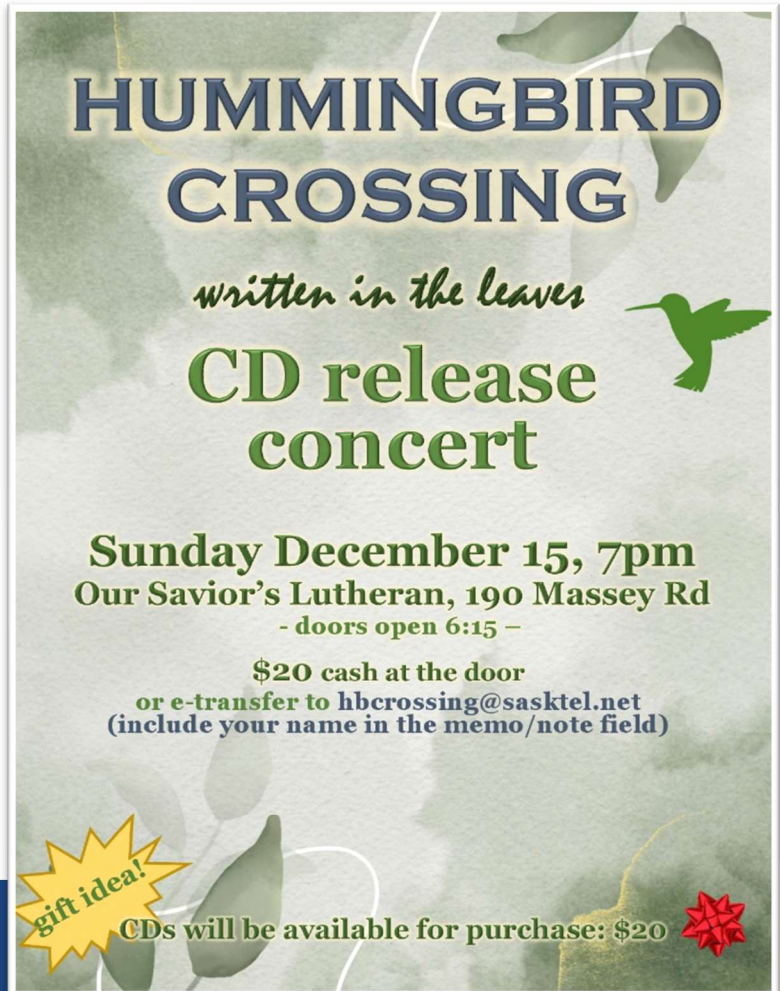
www.vivace.ca

15 December: Chili and Carols Potluck. Following worship in the Fellowship Hall, the fine tradition of sharing smiles, voices in singing well-loved Advent and Christmas hymns and a wonderfully wide selection of delicious chili. Choose a carol for everyone to sing, or even to lead if you like—by voice, your instrument or the available piano. Volunteers also need for hospitality. Sign up sheet in narthex or contact the office:

set up & clean up/ food service / hymn & carol request / lead a song

15 December: Music Event: *Written in the Leaves* Release Concert. OSU's Helen Chang, Tim Mrazek and family members of **Hummingbird Crossing** present a CD release concert for their latest release, *Written in the Leaves*, Sunday December 15, at 7PM. Tickets \$20 by cash or e-transfer to hbcrossing@sasktel.net (include your name in the note/memo field). CDs will be available for purchase, \$20. Doors open 6:15. Reception with light refreshments to follow.

18 December: Blue Christmas Service at Our Savior's. For those who find the time of year difficult, are experiencing loss and grief, come gather for a time of quiet song, prayer and scripture. See also graphic on this page.



**HUMMINGBIRD
CROSSING**

written in the leaves

**CD release
concert**

Sunday December 15, 7pm
Our Savior's Lutheran, 190 Massey Rd
- doors open 6:15 -

\$20 cash at the door
or e-transfer to hbcrossing@sasktel.net
(include your name in the memo/note field)

gift idea!

CDs will be available for purchase: \$20

Blue Christmas Service

Wednesday, December 18th, 7pm.
Our Savior's Lutheran Church
190 Massey Road

Recognizing that this time of year can be difficult for those of us experiencing loss and grief, the Blue Christmas service is an opportunity to gather for a quiet time of song, prayer and Scripture.

All are welcome.

If you know someone for whom this might be meaningful, please share this information.

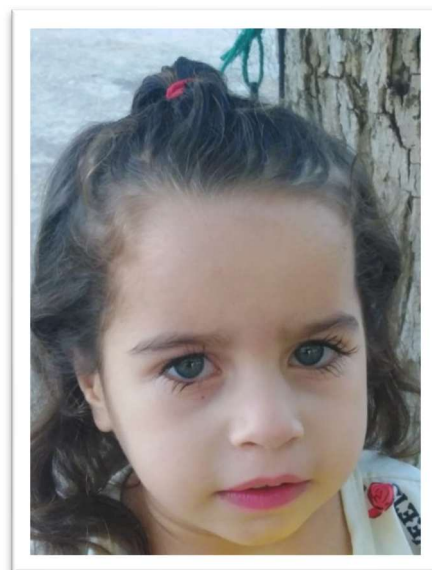
22 December: The congregation of **Trinity Evangelical Lutheran Church**, Regina, is closing after 118 years of ministry in Regina's Heritage neighbourhood. There will be a Service of Leave-Taking with Bishop Ali Tote on Sunday, December 22nd, 2024, at 4PM. Trinity's final worship service will be Christmas Eve Candlelight Service, December 24th, 2024, at 7:30pm. All are welcome. Please join us in thanking God for this community of faith and its ministry.



Accessibility at Our Savior's: The Justice and Peace Ministry Team is forming a subcommittee to look at issues of accessibility at Our Savior's. If you are a person with a disability or their family member and would like to be involved with this subcommittee, please contact Marja Hordern (via church office) or anyone on the Justice and Peace Team.

Refugee Support: the Family of Meira Al Talha: The Regina Lutheran Refugee Committee asks you to remember that the baby Jesus and his parents became refugees in Egypt, until King Herod died. We ask you to consider a donation this Christmas for Meira Al Talha and her family, Syrian refugees in Lebanon, where bombs are falling. They are the family we will welcome to Regina, after Fardous.

Please send a cheque to St. Mark's Lutheran Church (3510 Queen Street, Regina S4S 2G2) or make an e-transfer to stmarksdonations@myaccess.ca. Mark your donation "For refugee support: Al Talha." St Mark's will issue your tax receipt. Please help as you are able. Thank you. God bless you!



OUR CHURCH COUNCIL

Nancy Hognestad (Welcoming the Newcomer)
Barbara Jones (Justice & Peace)
Ann Marie Melvie (Chair / Worship / Call Committee)
Daryl Nelson (Finance, Governance)
Bert Ottenson (Property Management)
Dave Solheim (Vice Chair / Technology)
Bev Tastad (Secretary / Treasurer / Call Committee / Governance Committee)
Jonathan Achtzehner (Worship Ministry Team)



Candlelight Services




Featuring
Choirs, Handbells & Instrumental Ensembles

Sunday, December 8 | 2:00 p.m. & 7:00 p.m.

Merlis Belsher Heritage Centre
Luther College High School | 1500 Royal Street

Freewill Offering

 LCHSRegina

 luther_college_hs

 lutherhsmusic



luthercollege.edu/candlelight

Doors open 30 minutes before each service.
Seats are available on a first-come, first-served basis.
Parking available in the west parking lot,
access off Dewdney Avenue.

**The Justice and Peace Ministry Team Invites You
to participate in a
Reverse Advent Calendar
in Support of the Regina Food Bank**

What is a Reverse Advent Calendar?

Traditional Advent Calendars have you receiving a small gift for every day in Advent. A reverse Advent Calendar has you *giving away* a small gift for every day in Advent.

How does it work?

This year there are 24 days in Advent (Dec. 1-24). For each of those 24 days we are asking you to donate one item for the Food Bank. It can be a Food Item, or a set amount of money (e.g. a toonie, a loonie, or a quarter a day). Gather the food or money together, then bring it to the Church.

What kinds of food should I donate?

The Food Bank's most needed items are canned fruit, canned soup, canned stew, canned fish, canned meat, canned vegetables, rice, dried pasta, pasta sauce, peanut butter, and instant oatmeal. A Reverse Advent Calendar for 24 Days might look like this:

2 packages of pasta or rice
2 jars of pasta sauce
3 cans of fruit
3 cans of vegetables
3 cans of tuna/salmon/chicken/ham
3 packages of instant oatmeal
4 cans of soup/stew
4 jars of peanut butter

Total: 24 Items of Food

If I go to the store and discover that one of the food items listed is on sale, can I buy 24 of that one item instead of all the different items?

Yes! The above list is just a suggestion. Whatever you can give the Food Bank will happily receive.

What do I do with the food after I buy it?

Bring the food to church and put it the Food Bank Blue Barrel, located under the stairs to the balcony, next to the Usher's Table.

That's a lot of food to carry to the church. Can I give money instead?

Yes! We will happily take monetary donations instead. Please put your money in an envelope clearly marked "Food Bank" and put it in the offering plate or the church office. Cheques can be made out directly to "The Regina Food Bank." Or feel free to donate to Food Bank directly online.

What is the deadline for bringing the food or money to church?

Your food or money can be brought anytime during December, including Christmas Eve. These food items will help keep people fed during the cold months of January and February, when Food Bank donations are often at their lowest.

Thank you for participating!